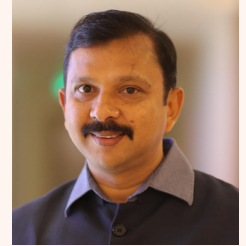


SUBURBAN VOICE

MONTHLY BULLETIN OF ROTARY CLUB OF TRIVANDRUM
SUBURBAN, RI DIST 3211 ZONE V OCTOBER 29, 2024 | VOLUME 38 |
ISSUE 4

PRESIDENT'S MESSAGE



My dear fellow Rotarians, Anns and Annets,

The best way to find yourself is to lose yourself in the service of others." - Mahatma Gandhi

In my opinion, September was a month of impactful service and celebration for our club. In our family meeting, we honored some teachers with the Nation Builder Award on Teachers' Day Celebration, recognizing their invaluable contributions despite personal challenges. We distributed Onam kits to 100 needy individuals in our RCC and completed two Home Revival Projects. Bringing joy to the elderly, we gifted new clothes (Onakkodi) to inmates of old age homes. Our club organized a Zonal DEIB seminar at CTCRI, Sreekariyam. We conducted a Cleaning Campaign at General Hospital, Neyyatinkara, commemorating Gandhi Jayanti. Our Members attended the District Project Seminar at Kundara and also RISE items. Alongside these initiatives, our weekly meetings continued to foster fellowship and discussion. September's diverse activities demonstrate our commitment to serving humanity and making a positive difference in our community.

As we step into the vibrant month of October, I am thrilled to share with you the exciting lineup of activities and projects that our club has planned. This month, we reaffirm our commitment to empowering the next generation through education and skill development. We will be providing newspapers to the students of the Sree Chitra Home for Destitute and Infirm to cultivate reading habits and support literacy development. Arrangements were made with Kerala Kaumudi Newspaper Company under Entre Pathram Project. Additionally, we have scheduled skill development programs under Uyare District Project in Venjaramood Govt School and Kulathur Govt School to enhance the capabilities of our youth. I am proud to announce that, in collaboration with Tata Elxsi, we will be donating 10 computers to Kulathur Govt School, furthering our mission to bridge the digital divide. Further, we will also be planning to lay the foundation stone for the house of Mrs. Baby P of Laksham Veed Colony under Udayakiran Project.

Our social calendar is also filled with exciting events! Get ready for a fun-filled half-day tour to Kovalam Artisans Village, where we will experience the rich cultural heritage of our community. The trip will extend to Kovalam Light House, if the climate permits. Our Onam celebration at Lagoona Resort promises to be an unforgettable evening of joy, laughter, and camaraderie, complete with engaging games and activities. Among our usual weekly meetings, to evaluate our progress and chart our future course, we have scheduled the second Club Assembly to review our first quarter's performance.

I extend my gratitude to each of you for your tireless efforts and dedication to our shared vision. Together, let us continue to make a meaningful impact in our community.

Dated this 1st day of October, 2024,

Dr. Baiju Ramachandran FCS

President, RC Trivandrum Suburban

SECRETARY'S MESSAGE



My Dear Rotarians, Anns, Annets,

Our club undertook several impactful projects and events this month, fostering community engagement and service. The month began with a heartwarming Onam gift exchange program and a Teachers' Day celebration where five inspiring educators were honored for their remarkable achievements. Our club also distributed Onam kits to RCC members, supported old age homes, and donated to schools, demonstrating our ongoing commitment to community welfare. Our Satellite Club celebrated Onasadhya with elderly residents and distributed essential supplies. The "Flower Farming" initiative started in July and saw significant success with the sale proceeds aiding a nursing student. We also participated in district-level programs like RISE 2024 and Uyare Onam. We held a DEIB seminar and celebrated World Smile Day with members engaging in joyful activities. The month concluded with the housewarming of our Home Revival Project and a cleaning campaign at Neyyatinkara General Hospital, reinforcing our dedication to cleanliness and community support. Together, these initiatives reflect our club's vibrant spirit and continued commitment to making a difference. Please continue your wholehearted support and participation in the coming months. Warm regards,

Rtn. Dr. Ciniraj Raveendran
Secretary, Rotary Club of Trivandrum Suburban

ACTIVITY REPORT OF SEPTEMBER

53. ONAM GIFT EXCHANGE PROGRAM AT SUBURBAN SELFIE CORNER

On 06.09.2024, the RC Suburban organized an Onam Gift Exchange Program at 7 pm at Hotel Forte Manor at a flowerily decorated Suburban selfie corner. An exhibition cum sale was arranged at the venue to enable Rotarians and Anns to purchase gifts to exchange. The members actively participated and exchanged Onam gifts selecting their partner by lot. Rotarians K G Nair, Dr.NRUK Kartha, Purushothaman Asan, Shahabudheen, Dhananjayan, Albert Alex, Jose Pampackal, Baiju Ramachandran, Saritha, Mohandas,

N S Sarma, Ravindran Nair, Venugopal, Janardhana Naik, George Varghese, John Kurian, Alex K, Sreekantan Nair, CB Kartha, Renuka Kartha, Dr.PP Nair, Ambady Chandrashekarahan, Dr.Ashok Paliath, Madhusoodhanan, Sivaprasad, Shaji Jos and Dr.Baiju B etc with family participated in the program.

54. TEACHERS' DAY CELEBRATION AND FAMILY MEETING

On 06.09.2024 RC Suburban's weekly meeting no 1749 was organized as a family get-together and Teachers' Day celebration. The meeting was called to order at 7:30 PM by President Rtn. Baiju Ramachandran. Rtn. Sivaprasad read the Rotary Invocation and Rtn. Dr. P P Nair delivered the welcome address. After the presidential address, Rtn. Dr. Ciniraj Raveendran presented Secretary's Report. Rtn. Naik shared Rotary Information on "Rotary India Literacy Vision." Rtn CB Kartha introduced the guest teachers/ awardees. In the meeting, the club felicitated and honored 5 teachers such as (i) Prof. Dr. Beena Krishna S K, a 100% visually impaired Professor in a Govt College; (ii) Smt. Smitha Titus, an UP School Teacher with 100% visually impaired; (iii) Smt. Sreeja S K, a mobility-impaired primary school teacher; (iv) Shri. Sudhir J Nair served a record no of years as a higher secondary teacher / Principal along with his diverse interests in sports and arts including film acting by name, Sudhir Karamana and (v) Shri Vijayakumar A K, a private teacher on morning & late evening and a daily wage welding worker during his day time. This is followed by acceptance speeches by the awardees. Their speeches were inspiring and motivational. They described their struggles in their career and how they overcame their limitations. A short Q-A session followed, and the awardees replied to the questions of the Rotarians. The meeting concluded with a vote of thanks by Rtn. CS Ranjith. After the National Anthem, the meeting adjourned for fellowship and dinner at 9 pm. The news of the program was covered by medias.

55. INAUGURATION OF ONAM KIT DISTRIBUTION TO MANAR RCC MEMBERS

On 06.09.2024 Charter Secretary Rtn. K G Nair inaugurated the distribution of the Onam kit containing a packet of 5kg rice, a packet pappadam and a packet vermicelli to the poor lady members of the club's RCC, MANAR. On behalf of the RCC MANAR, its Vice President Mr. Sanalkumar

collected the kit. The club distributed 100 nos of Onam kits to RCC Lady members. The cost of the project is Rs. 25,000.

56. DISTRIBUTION OF MAXI, LUNGI AND THORTHU TO THE INMATES OF OLD AGE HOME RUN BY SATHYANWESHANA CHARITABLE SOCIETY

On 06.09.2024, the RC Suburban donated 35 sets of maxi, lungi and thorthu to the inmates of Sathyanweshana Charitable Society's old age home, Uriyacode. The kits were handed over by Rtn. Raveendran Nair and Ann. Girija Kumari, along with the club's teachers' day. As promised, Rtn. Raveendran Nair and Ann. Girija Kumari met the expenses of the project as part of their wedding day celebration under the MAKE A DIFFERENCE initiative of the club. The number of beneficiaries out of the project would be 35. The project cost is Rs.5000.

57. DONATION TO MITHRA NIKETAN VIKAS BHAVAN HIGH SCHOOL, VALLANADU

On 06.09.2024, the club donated Rs. 10,000 to Mithra Niketan Vikas Bhavan High School, Vallanadu for its happy school project towards repairing of benches and desks. The school was set up in 1956 by Padma Shri. K. Vishwanathan. The object of the school is to provide free education with boarding facilities to financially backward students. Rtn. Dr. Baiju Ramachandran and Rtn. Dr. Saritha Baiju contributed (Rs. 7,500) towards the project as part of their wedding day celebration under the MAKE A DIFFERENCE initiative of the club. The number of beneficiaries out of the project would be more than 100 students.

58. HANDING OVER OF PENS AND PENCILS COLLECTED VIA PENDRIVE PROJECT TO THE STUDENTS OF TRIBAL SCHOOLS

On 06.09.2024, the RC Suburban handed over the filled box containing large numbers of pens and pencils donated by Rotarians to NSS of Christ Nagar College and KICMA. The NSS volunteers of these colleges would distribute the pens and pencils to the students of Tribal schools in Trivandrum after Onam. On behalf of Christ Nagar College, NSS in charge Mr. Rajesh Kumar and on behalf of KICMA, its director Mr. Rajesh collected the PenDrive box. The number of beneficiaries out of the project would be over 250 students.

59. DONATION TO CLUB'S RCC

On 06.09.2024, the RC Suburban donated Rs.4,000 to its RCC (MANAR) to pay the pending rent dues with Jai Nagar Residence Association Hall where its members used to meet. The amount was contributed by Rtn. KG Nair, Charter Secretary. Vice Chairman of RCC, MANAR Mr. Sanal Kumar received the amount from the club in the teacher's day celebration. More than 75 RCC members would get the benefit out of this support.

60. SATELLITE CLUB'S ONAM CELEBRATION WITH THE INMATES OF OLD AGE HOME

On 07.09.2024, the members of Satellite Club of RC Suburban visited an old age home "Swapna Koodu" and gave onasadhya. Club members and invited students from NSS College entertained the inmates with dance and music. The cost of the project Rs.5,000 met by Satellite Club members. Around 80 Members benefited from the project.

61. DISTRIBUTION OF MAXI, DHOTI, BATH TOWEL AND HANDMADE SOAP TO THE INMATES OF SWAPNAKKOODU

On 07.09.2024, the Satellite Club of the RC Suburban distributed maxi, dhoti, bath towel and handmade soap to all the inmates of Swapnakkoodu. The cost of the project were met by Satellite Club members. The handmade soaps supplied by the students which made under Uyare Project. The cost of the project Rs.15,000 met by Satellite Club members. Around 80 Members benefited from the project.

62. CLUB'S PARTICIPATION IN RISE 2024

The inauguration of district program RISE (Rotary Initiative for Sporting Excellence) commenced on 08.09.2024, at Greenfield Indoor Stadium. Rtn. Shaji Jos won caroms championship. Rtn. Sebin Roy and Rtn. NS Sarma won badminton doubles (above 45 years) championship. Rtn. Shaji Jos participated in football match.

63. FLOWER FARMING PROJECT IN ASSOCIATION WITH SHANTHI NAGAR RESIDENCE ASSOCIATION

In collaboration with Rotary Club and Santhi Nagar Residents Association, the "Flower Farming" project successfully implemented by planting around 600 saplings of yellow and orange Bendi (Chendumally) in early July 2024. Within two months, the plants began flowering in September, yielding an impressive harvest. Till onam,

approximately 150 kg of flowers have been sold at an average rate of ₹70 per kg, generating some revenue. In line with our project's social objective, the sale proceeds have been donated to support a marginalized final-year nursing student, covering his final-year exam fees. With the flowering season expected to continue for at least another month, we anticipate further sales and increased impact. Rtn. Ramakrishnan, chairman service project is instrumental for the successful completion of the project and show-casing public image of the Rotary.

64. HOME REVIVAL PROJECT (SMT. SUSHEELA)

On 11.09.2024, the Satellite Club members donated Rs.10,000 to Smt. Susheela residing at Nanthancode towards club's 1st Home Revival Project for the RY 2024-25. Her house was damaged during last rainy season. The project would benefit to her family consisting of three lady members.

65. COFFEE BREAK WITH SUBURBAN SCHOLAR

On 20.09.2024, the Club organized a mentoring program - Coffee Break with Suburban Scholar at Hotel Prasanth. In this program, Rtn. Jose Pampackal shared his experience in the discipline of investment management with a few students. Few students from Trivandrum Govt. Medical College, Institute of Chartered Accountants of India and St. Johns Model Higher Secondary School attended.

66. TALK ON 1750 MEETINGS OF FRIENDSHIP & FELLOWSHIP - AN ANOTHER MILESTONE OF TVM SUBURBAN

On 20.09.2024, the RC Suburban celebrated 1750th meeting at Hotel Prasanth and charter member Rtn. Prof. John Kurian gave a talk on the theme "1750 Meetings of Friendship & Fellowship - an another milestone of Suburban." A cake cutting ceremony was also held along with it. Sweets worth value 1750 was distributed among the participants.

67. WEEKLY MEETING ON "UNLOCKING TRIVANDRUM'S BUSINESS REVOLUTION"

On 20.09.2024, weekly meeting no. 1750 of the RC Suburban held at Hotel Prasanth on the topic "Unlocking Trivandrum's Business Revolution". The guest speaker was Shri.Vikas Agarwal, former President, Indian Chamber of Commerce. The meeting was called to order at 7:30 PM by President

Rtn. Baiju Ramachandran. Rtn. M T Philip read the Rotary Invocation and delivered the welcome address. After the presidential address, Rtn. Dr. Ciniraj Raveendran presented the Secretary's Report. Rtn. Vinod Narayanan shared Rotary Information on "Diversity, Equity, Inclusion, and Belonging (DEIB)." Rtn. Biju Kumar introduced the chief guest. In his address, Mr. Vikas shared about the Trivandrum's significant transformations to foster a vibrant business culture. The cities International Airport expansion and Vizhinjam International Seaport development enhanced connectivity and trade. Initiatives like technopark, techno cities, and smart city initiatives are driving growth. A lively question-answer session followed, where the participants had the opportunity to interact with Mr. Vikas. Secretary Rtn. Dr. Ciniraj presented a memento to Mr. Vikas as a token of appreciation and also proposed a vote of thanks. 34 persons attend the meeting. The meeting concluded with the National Anthem and was adjourned for fellowship and dinner at 8:30 PM.

68. HOME REVIVAL PROJECT (MR.SREEJITH)

On 21.09.2024, the RC Suburban donated Rs.35,000 to Mr. Sreejith (who had a stroke and living alone without family) for his house rebuilding work under the 2nd Home Revival Project of the club in the RY 2024-25. Rtn. Sebin Roy and Rtn. Sarma contributed their RISE badminton (doubles) prize money of Rs.10,000; Rs.10,000 contributed from club's fund and the balance Rs.15,000 contributed by Board Members of the Club. President Rtn. Dr. Baiju Ramachandran, Rtn. Sebin Roy, and Rtn. Mohandas visited Mr. Sreejith's house and handed over the contribution.

69. PARTICIPATION IN "UYARE ONAM" - DISTRICT PROJECT SEMINAR AT KUNDARA

On 22.09.2024, the RC Suburban participated in Uyare Onam - District Project Seminar held at Pavithram Convention Centre, Mullavana, Kundara, Kollam. In the program, participants attended in Kerala's traditional dress. The program was highly informative. The club received the awards for maximum member registrations and also for UYARE Project completions. Rtn Albert Alex, Rtn. NS Sarma, Rtn. Baiju Ramachandran, Rtn. K Madhusoodhanan, Rtn. Dr. Ciniraj, Rtn. NRUK Kartha, Rtn. Dr. Baiju Ramakrishnan, Rtn. Mohandas, Rtn. Saritha Baiju, Ann Thara Mohandas, Ann Laila Baiju, Ann Radha Kartha, Ann Suja Albert etc participated in the

program. The members enjoyed onam activities and onasadhya arranged by The District. Club arranged a vehicle for pick-up and drop-off.

70. FILM KISHKINDHA KAANDAM: 2ND SUBURBAN MOVIE BUFF

On 25.09.2024, the RC Suburban arranged a 2nd Movie Buff at 6 pm at Kairali theatre to enjoy the mystery thriller movie "Kishkindha Kaandam ", a Malayalam movie directed by Mr. Dinjith Ayyathan and starring Asif Ali, Vijayaraghavan, Aparna Balamurali in the lead roles. 15 Suburban family members participated in the 2nd Suburban Movie Buff (2024-25). Water bottles and snacks were provided during the show. After the movie, the participants enjoyed dinner from Hotel Cordial Sopanam. The expenses of the program were shared by the participants.

71. DEIB SEMINAR AT CTCRC, SREEKARIYAM

On 27.09.2024, the RC Suburban in association with other clubs of zone 5 of Trivandrum Revenue District organized highly engaging seminar on Diversity, Equity, Inclusion, and Belonging (DEIB) at the service of R&D Institutions at the conference hall of Central Tuber Crops Research Institute (CTCRI), Sreekariyam. About 30 distinguished scientists from CTCRI, led by Director Dr. Baiju, and prominent Rotarians from the clubs of Trivandrum Suburban, Travancore, Kazhakuuttam, and Trivandrum North also attended the seminar. The seminar was inaugurated by Dr. G Byju, Director, ICAR-CTCRI and the keynote address was delivered by the Chief Guest Rtn. Major Donor Suresh Mathew, District Learning Facilitator. Rtn Dr. Santhosh Mithra coordinated the event, ensuring its resounding success. The event demonstrated the power of collaboration and commitment to fostering a culture of DEIB.

72. WORLD SMILE DAY CELEBRATION

On 27.09.2024, the RC Trivandrum Suburban celebrated World Smile Day by telling smiled-filled stories, asking funny questions, stories of own mistakes, enjoying smiley biscuits, distribution of Chiri Maduram magazine etc. President Rtn. Dr. Baiju Ramachandran initiated the program by asking a few funny questions. Rtn. CA NS Sarma, Rtn. K P Mohandas, Rtn. Dhananjayan, Rtn. Baiju B, Rtn. Naik, Rtn. Ciniraj, Rtn. Ramesh, Rtn. Dr. Sabarinath, Rtn. Jose Pampackal, Rtn. Ravindran

Nair, Rtn. Sukumaran, Rtn. K G Nair, Ann Girijakumari, Ann Thara participated in the round table conversations and celebrations.

73. WEEKLY MEETING ON "RECENT TRENDS IN TOURISM INDUSTRY AND OVERSEES EDUCATION"

On 27.09.2024, weekly meeting no. 1751 of RC Suburban was held at Trivandrum Club on the topic "Recent Trends in Travel Industry and Oversees Education". Miss. Mini Viswajith was the guest speaker. The meeting was called to order at 7:30 PM by President Rtn. Dr. Baiju Ramachandran. Annet Anandh Vishnu read the Rotary Invocation. Rtn. Jose Pampackal welcomed the guest speaker and introduced her to the audience. After the presidential address by President Rtn. Dr. Baiju Ramachandran, Rtn. Dr. Ciniraj Raveendran presented the Secretary's Report. Rtn. Dr. Abhilash Jacob joined online from UK and shared Rotary Information on "Rotary's Innovative approach to the digital age through E-club", emphasizing technologies role in enhancing engagement. Then, Rtn. Shaji Mathew introduced the topic and shared his experience in brief. In her address, Miss. Mini Viswajith shared about the recent trends in tourism industry both domestic as well as international. According to her, overseas education is gaining popularity, with Indian students seeking global exploration and skills. The India's Study in India Initiative attracted foreign students also in India. A lively question-answer session followed, where the participants had the opportunity to interact with Miss. Mini. On behalf of the club, Rtn. Dr. Sabarinath presented a memento to Miss. Mini as a token of appreciation. Rtn. Rufus Joseph proposed a vote of thanks. 25 persons attend the meeting. The meeting concluded with the National Anthem and was adjourned for fellowship and dinner at 8:30 PM. Rtn KG Nair's 84th birthday was also celebrated by cutting cake in the weekly meeting.

74. HOUSE WARMING OF SREEJITH'S HOUSE

On 29.09.2024, house warming (paalukachu) of Mr. Sreejith was held and thereby Home Revival Project of RC Suburban for the RY 24-25 has completed. The said roofing sheet house consists of only a room, a small kitchen and toilet. The house meant only for Mr. Sreejith having no other family members. He is currently undergoing treatment for a stroke. His house collapsed during the last heavy rain period. The rebuilding of his house has done with existing foundation. Bricks works and roofing

are carried out by workers with free of cost. Materials were purchased from the contribution provided by the RC Suburban and his friends and neighbors. Rtn. Sebin Roy was instrumental to complete the project.

75. CLEANING CAMPAIGN AT GENERAL HOSPITAL, NEYYATTINKARA AS PART OF GANDHI JAYANTHI CELEBRATION

On 30.09.2024, as part of Gandhi Jayanthi Celebration & Swachh Bharat Abhiyan a cleaning campaign at Neyyattinkara General Hospital was organized in association with Christ Nagar College, Maranelloor. As part of promoting importance of cleanliness and hygiene, a Rally was organized at Neyyattinkkara town and distributed awareness materials. The formal inaugural function presided over by Rtn. Dr. G Sudevan, coordinator of the program. Dr. K Rajendran, Executive Committee Member, IMA Nemom Branch inaugurated the program. Shri. Rajesh Kumar, faculty of Christ Nagar College delivered the welcome address and Smt. D V Athira, Programme Officer, NSS Unit of Christ Nagar College proposed vote of thanks. Over 50 participants including college students, hospital staffs, club members, and some local people attended the program. Total project cost from the side of the club is Rs. 5,000, out of which a portion was donated by Rtn. Dr. Baiju Balakrishnan towards refreshment expenses.

76. SPONSORING TWO STUDENTS FOR BEAUTICIAN COURSE UNDER UYARE PROJECT

On 30.09.2024, the RC Trivandrum Suburban signed an Undertaking to sponsor 50% fees of Beautician course for two girls from Sree Chitra Home for Destitutes and Infirm under Uyare District Project. The course offered by the Govt of Kerala through the Continuing Education Centre, Govt. Women's College, Trivandrum. The project cost of Rs.5,000 handed over to the Dr.Vineetha, Manager (CEC), Govt. Women's College vide cheque drawn on Superintendent, Sri Chitra Home. In the simple function held at CEC office at the College, the Club President Rtn. Dr. Baiju Ramachandran, Past President Rtn KP Mohandas, Manager (CEC) Dr.Vineetha, Beautician Course Faculty Ms.Meena, Ms.Shayna and Ms.Lipsa Participated.

TENTATIVE SCHEDULE OF FORTHCOMING PROGRAMMES

- Oct 05:** Family Meeting & Onam Celebrations. Venue: Lagoona Resort, Tvm
Oct 11: Weekly Meeting at Tivandrum Club Guest Speaker Dr. Alex
Oct 18: Club Advisory Council Meeting & Club Assembly at Tvm Club
Oct 25: Weekly Meeting at Tivandrum Club Guest Speaker Ms.Sreekutty
Nov 02: Family Meeting & Diwali & Kerala Piravi Celebrations. Venue: Hotel Chirag Inn
Nov 08: Weekly Meeting at Hotel Prasanth Guest Speaker Mr. Arunkumar
Nov 15: Weekly Meeting at Hotel Prasanth Guest Speaker Mr.Deepu Thomas
Nov 22: Weekly Meeting at Hotel Prasanth Guest Speaker Mr. Sreekanth
Nov 29: Weekly Meeting at Hotel Prasanth Guest Speaker Dr. Divya Senan



BIRTHDAYS

- OCT 2 :** Rtn Ajith Babu
OCT 13 : Dr PP Nair
OCT 16 : Rtn George PM
OCT 21 : Rtn. Shivaprasad K



WEDDING DAYS

- OCT 17 :** Rtn. Rufus Joseph & Asha Maria
OCT 27 : Rtn. Dr Sabarinath & Ann Renu





The Rotary Four Way Test



1. Is It Truth?
2. Is It Fair To All Concerned?
3. Will It Build Goodwill And Better Friendships?
4. Will It Be Beneficial To All Concerned?



